## Wirral Primary Schools Cross Country Association

 Race 3, Birkenhead Park, Monday 16th October 2023, 4.15pmThis race is due to be held on Monday 16th October in Birkenhead Park. We use the Claughton Village side of the park where ParkRun happens.

## Parking at Birkenhead Park

Please park considerately if using local roads. There is no parking inside the park. Do not park in front of park gates. Please park with sensitivity for local residents.


## Subs - Invoice in SEPTEMBER NEWSLETTER on website.

 PLEASE MAKE A PAYMENT ASAP IF YOU HAVE NOT ALREADY DONE SO.The annual subscription is $£ 35$ for your school for the full academic year, regardless of how many events you enter. Please make cheques payable to Wirral Primary Schools Cross Country Association.

| BACS | INVOICE |
| :---: | :---: |
| Account Name: Wirral | Wirral supplier reference: |
| Primary Cross Country | 375 |
| Association |  |
| Account Number: 90506249 | Account details: |
| Sort Code: 20-29-50 | Sort code: |
| Ref: Your school name | 20-29-50 |
|  | Account number: 90506249 |

Points of Note:

- First Aid - Each school is responsible for the first aid of their pupils at all race events, including minor cuts and grazes, breathing difficulties, administering medicines (i.e. inhalers), etc.
- Behaviour - It is each school's responsibility to ensure the behaviour of their children and spectators.
- Spectators - Spectators must remain in designated areas at all times. Please help reinforce this message to the spectators in your party.
- Public Parks - The area is a public open space, and Wirral Borough Council gives us permission to use it for our cross country events each year. Please help by keeping a close eye on your children at all times - don't let them wander off or try running around the course when they are not taking part.


## Organisation of Races

1. Races begin at 4.15 pm and are completed with a presentation by approx 5.20 pm . Except in exceptional circumstances, no race will be cancelled in advance and a final decision will be made at 4.15 pm on the course.
2. Races are over two laps, in total, about 1200 m on grass and path.
3. No spikes or boots are to be worn.
4. Each race meeting is an individual entity and a school may enter as many or as few races as they choose.
5. There are six races at each meeting - Y4 girls, Y 4 boys, Y 5 girls, Y5 boys, Y6 girls, Y6 boys. There is no limit on numbers of pupils a school wishes to bring along.
6. At the meeting each school will receive a results recording pack. There are two small results cards where you indicate your fastest 4 boys and fastest 4 girls positions overall. These are used to work out the winning teams. Please return these when asked for.
7. Medals will be awarded to the first three individuals of each race. Medals will be awarded to the first six teams. No child shall win two medals at a meeting. If a child is in the first three and is a member of a winning team, then the team medal shall be passed down to another member of the team. Any child finishing in the positions four to ten who is not receiving a team medal will receive an individual medal.
8. Scoring - At the end of a meeting your four best scores on your team cards will give your teams scores (boys team separate from the girls team). Team totals (for complete teams) are entered on a card and should be handed in at the end of the race. Results are not sent out to schools and are only announced during the presentation.
