



IN ASSOCIATION WITH



September Newsletter 2023 – Race Details for Academic Year 2023/2024

Welcome

Welcome back to our Wirral Primary School Cross Country Association. We are entering our 38th year of organising cross country races for our children in years 4, 5 & 6 on the Wirral. **If you or your school is new to cross country or wants to return, we look forward to welcoming you at the first event.** Remember you can attend as many or as few events as you wish.

Races are organised with you and on your behalf by:

Steve Dakin

Andrew Meadows

Mark Roberts

Vicky Cowan (Wirral AC) & Simon Moore (Wirral AC)

We thank Vicky, Simon and all at Wirral AC for their support of Wirral Primary Schools Cross Country Association by provision of required event licences as well as provision for further opportunities for Wirral Primary age athletes.

Race Dates for academic year 2023/2024:

We expect these dates to be approved by the events team at the council very shortly. **ALL DATES ARE SCHEDULED FOR MONDAYS THIS YEAR.**

2023

Monday 18th September – Birkenhead Park

Monday 2nd October – Arrowe Park

Monday 16th October – Birkenhead Park

2024

Monday 11th March – Arrowe Park

Monday 25th March – Birkenhead Park

Monday 22nd April – Arrowe Park - RELAY RACE

Monday 24th June – New Brighton Dips

Website & WhatsApp Group

Everything you need to know about the events is on the new website <https://wirralxcountry.weebly.com>. All risk assessments, rules and organisational information can be found and accessed any time. Letters and emails are published here. The WhatsApp group is for you as a team manager. Everything is shared here and is a good place to ask questions. To be added, text Andrew on **07891425272**.

Payment

The the cost of medals is around £240 each race. The annual subscription is £35 for your school for the full academic year, regardless of how many events you enter.

BACS	INVOICE (see September Newsletter)
Account Name: Wirral Primary Cross Country Association	Wirral supplier reference: 37850
Account Number: 90506249	Account details:
Sort Code: 20-29-50	Sort code: 20-29-50
Ref: Your school name	Account number: 90506249

Points of Note:

- **First Aid** Each school is responsible for the first aid of their pupils at all race events, including minor cuts and grazes, breathing difficulties, administering medicines (i.e. inhalers), etc. Please note there are no toilets at any venue.
- **Behaviour** It is each school's responsibility to ensure the behaviour of their children and spectators. Please be vigilant and ensure that no one obstructs the runners at any point, especially at the end when they may be waiting for their number.
- **Spectators** Spectators must remain in designated areas at all times.

Organisation of Races

1. Races begin at 4.15pm and are completed with a presentation by approx 5.20pm. Except in exceptional circumstances, no race will be cancelled in advance and a **final decision will be made at 4.15pm on the course**. A information talk for all competitors will take place at 4.05pm. Children to remain in school bubbles for this time.
2. Races are over two laps, in total, about 1200m on grass and path.
3. **No spikes or boots** are to be worn.
4. Each race meeting is an individual entity and a school may enter as many or as few races as they choose.
5. There are six races at each meeting - Y4 girls, Y4 boys, Y5 girls, Y5 boys, Y6 girls, Y6 boys. There is **no limit** on number of pupils a school wishes to bring along.
6. At the meeting each school will receive a results recording pack. There are two small results cards where you indicate your fastest 4 boys and fastest 4 girls positions overall. These are used to work out the winning teams. Please return these when asked for.
7. Medals will be awarded to the first three individuals of each race. Medals will be awarded to the first six teams. No child shall win two medals at a meeting. If a child is in the first three and is a member of a winning team, then the team medal shall be passes down to another member of the team. Any child finishing in the positions four to ten who is not receiving a team medal will receive an individual medal.
8. Scoring – At the end of a meeting your four best scores on your team cards will give your teams scores (boys team separate from the girls team). Team totals (for complete teams) are entered on a card and should be handed in at the end of the race.

INVOICE

Wirral Primary Cross Country Association
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New Ferry
Wirral
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Tel: 07891 425272
Email: wirralxcountry@googlemail.com

Date 01/07/23

Invoice ref: **Wirral Primary Cross Country**

Wirral supplier reference: 37850

Account details:

Sort code: 20-29-50

Account number: 90506249

Description		Line Total
Cross Country subscriptions for 23-24	1	£35.00
	Total	£35.00

Thank you